

Reentry Services	Type of Resource	Address	Contact/Phone	Web Address	Comments
Women, Infant and Children Clinic - WIC	Medical Care/Education/ Food	San Diego WIC Clinic 109 West Gravis, San Diego, Texas 78384	361-279-8396	www.ci.laredo.tx.us/health/healthindex.htm	A nutrition program designed to detect nutritionally "at risk" women, infants and children and assistance to prevent low-birth weight and premature infants, iron deficiency anemia, failure to thrive, obesity, etc. WIC serves pregnant, breastfeeding (for one year), and postpartum (for six months) women, as well as infants and children up to five years of age. WIC promotes breastfeeding and provides special nutrition classes, individual counseling, frequent follow up to high risk clients, health assessment, health care and social service referrals, and immunizations. Nutrition and health education is also provided as well as limited nutritional health screening. Hours: Monday thru Friday: 8:00 am - 5:00 pm